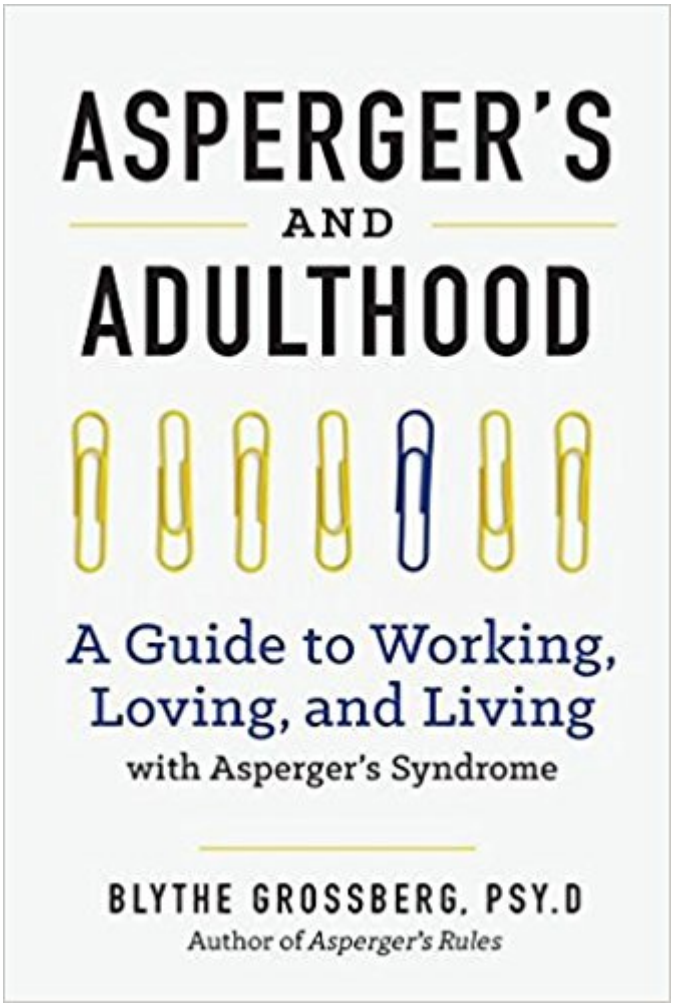
Ebook Directory
the best source of ebook

The book was found

Aspergers And Adulthood: A Guide To Working, Loving, And Living With Aspergers Syndrome



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

From the bestselling author of AspergerÃ¢â ¬â„¢s Rules! and AspergerÃ¢â ¬â„¢s Teens comes AspergerÃ¢â ¬â„¢s and Adulthood. Blythe Grossberg brings her 15+ years experience working with AspergerÃ¢â ¬â„¢s patients to deliver this definitive guide for adults living with AspergerÃ¢â ¬â„¢s syndrome. Thinking about moving out on your own? Ready to land your first job? Unsure how to navigate social scenes when you have AspergerÃ¢â ¬â„¢s? Designed for the newly launched Aspie adult, AspergerÃ¢â ¬â„¢s and Adulthood provides supportive solutions-based strategies for navigating the ins and outs of balancing AspergerÃ¢â ¬â„¢s syndrome with career goals, dating, social settings, and more. Adulthood is complicated for anyone, though it can be especially overwhelming for someone living with AspergerÃ¢â ¬â„¢s. Thankfully, AspergerÃ¢â ¬â„¢s and Adulthood presents targeted strategies from learning specialist Blythe Grossberg to help young adults with AspergerÃ¢â ¬â„¢s kick-start careers, cultivate healthy relationships, and create independent paths as maturing adults. Grossberg lends her expertise by providing an AspergerÃ¢â ¬â„¢s road mapÃ¢â ¬â •pointing out potential obstacles and offering valuable how-tos for thriving in the world. This book also helps loved ones gain a deeper understanding of what it means to live with AspergerÃ¢â ¬â„¢s syndrome. Whether youÃ¢â ¬â„¢re reading for yourself or someone you know, AspergerÃ¢â ¬â„¢s and Adulthood helps you develop deeper insight for tackling life challenges, with: Step-by-step strategies for entering the workforce and tips to translate your talents into a career Helpful scripts for managing small talk, job interviews, and first dates Practical tips and budgeting checklists for establishing your independence Real-life AspergerÃ¢â ¬â„¢s stories on finding friends and landing jobs Handy how-tos about stimming, and how to adopt more discreet comforting behaviors The truth is, even with AspergerÃ¢â ¬â„¢s, you can do whatever you put your mind toÃ¢â ¬â •and AspergerÃ¢â ¬â„¢s and Adulthood outlines the tools and strategies to help you achieve a full and rewarding adult life.

Book Information

Paperback: 116 pages
Publisher: Althea Press; annotated edition edition (August 28, 2015)
Language: English
ISBN-10: 1623156602
ISBN-13: 978-1623156602
Product Dimensions: 6 x 0.3 x 9 inches
Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 104 customer reviews

Best Sellers Rank: #42,041 in Books (See Top 100 in Books) #41 inÃ Â Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome #57 inÃ Â Books > Parenting & Relationships > Special Needs > Disabilities #4341 inÃ Â Books > Self-Help

Customer Reviews

Praise for Blythe Grossberg & AspergerÃ¢â ¬â„¢s RulesGrossberg provides an upbeat and supportive guide for readers with Aspergers, covering feelings and emotions, teachers, asking for help, and dealing with bullies...The invaluable advice should help readers navigate new challenges. --Publishers WeeklyThis manual-workbook offers insights to readers with mild spectrum disorders on the general unwritten rules for dealing with teachers and classmates in school. With a mix of common scenarios, dialogue trees, bulleted lists, multiple-choice or fill-in-the-blank self-tests, and brief analytical comments, Grossberg covers setting goals, demonstrating appropriate responses to behavioral or emotional triggers, using communication strategies, recognizing body language and other signals, coping with bullying, making friends, and (in a perfunctory, tacked-on final chapter) establishing personal hygiene and healthy life habits. Capped by a select set of annotated print and online resources, these guidelines and procedures will be helpful to their target audience though the frequent write-in features make the volume more suitable for individual than library use. --BooklistAs a clinical psychologist who works with middle- and high-school students diagnosed with AspergerÃ¢â ¬â„¢s syndrome, Grossberg has the background and expertise to give advice on how to negotiate the world of the neurotypcial. The advice is straightforward, easy to understand, and solid. Each chapter includes a short test to help readers understand the importance of the material. The short quiz at the start of each chapter clues readers in to how they should relate to the upcoming information. The book includes sample dialogues and opportunities for readers to practice what they are learning. While this book is written specifically for youngsters on the Asperger s spectrum, it will be helpful for any children who struggle with making and keeping friends, dealing with bullies, or understanding unwritten rules in the classroom. Some young people may prefer to read this on their own, while others could certainly benefit from sharing the volume in a group and/or with an adult helper. --Wendy Smith-D Arezzo, School Library Journal

Blythe Grossberg, Psy.D, is the author of Making ADD Work and a number of other books about ADHD, learning disabilities, and Asperger's. A learning specialist in New York City, she helps children and adults with ADD and ADHD improve their performance in school and at work.

Before reading this book, I had no idea what AspergerÃƒÂ¢Ã â ¬Ã â„¢s was. I found out that I had heard of it after all. AspergerÃƒÂ¢Ã â ¬Ã â„¢s, is otherwise known now as ASD ÃƒÂ¢Ã â ¬Ã â œ Autism Spectrum Disorder, or High Functioning Autism.This book is short and to the point with very helpful ways of dealing with this condition., whether it be from a parentÃƒÂ¢Ã â ¬Ã â„¢s perspective or the patient who is dealing with social concerns, relationships, work life, and living on oneÃƒÂ¢Ã â ¬Ã â„¢s one, this book is a resourceful tool.I would recommend this book to anyone with a child or relative who has this condition as well as for social workers, law enforcement, and supervisors who has an employee as ASD. This book was well written and planned out.I was reimbursed the price of this book to give an honest and unbiased review.

I am a speech therapist and regularly work with children on the autism spectrum. High functioning autism (HFA) is being more and more understood and diagnosed. When working with these children I often wondered how they would turn out as adults and I found this book to be an interesting read. This book is written in easy to understand terms and gives valuable advice to adults living with autism. One thing I noticed was in some instances the author provides generalized statements regarding HFA and other times it appears to be a "How to" type book with chapters devoted to romance, work, social scene etc. Even the chapter names make this a more interesting read (i.e., "Romance, Anyone?"). Another nice feature I found was that throughout the book there were stories of real people who have HFA and their experience. The author used these personal experiences to provide a teachable moment and advice. It was nice to find out that nearly half the of the students I work with will one day hold a job as an adult. While adults with autism will face a number of challenges, this book was fairly optimistic about their outcomes and provided some useful advice that parents and other professionals can benefit from. For example from one of the anecdotes it showed an individual who was capable of holding a job but not equipped to handle every day finances, and the surmounting pressures of every day life. Overall I found this book to be an interesting read, which left me feeling optimistic for the future of my current students diagnosed with HFA. I received this book at a discounted rate exchange for my honest and unbiased feedback.

In reading the book ÃƒÂ¢Ã â ¬Ã Å“AspergerÃƒÂ¢Ã â ¬Ã â„¢s and AdulthoodÃƒÂ¢Ã â ¬Ã Â•, I have found most of it to be suitable for the newly diagnosed person.There are many great tips for getting along in the world after high school, such as socialization and person grooming. Unfortunately, not being a newly diagnosed AspergerÃƒÂ¢Ã â ¬Ã â„¢s individual, (closer to a

pushing-30-year-old individual) I found that I have already learned these things through life experience. The personal cases were of most interest to me and I had hoped there would be a little more detail concerning how to make changes of career instead of just ÃƒÂ¢Ã â ¬Ã Å“searching the internetÃƒÂ¢Ã â ¬Ã Â•. ItÃƒÂ¢Ã â ¬Ã â„¢s not always easy for the AspergerÃƒÂ¢Ã â ¬Ã â„¢s person to find the information they are looking for when too much is being thrown at them. So while I would not say it was of much help to myself, I would gladly recommend it for any newly diagnosed younger individual. Though...to be fair, some of the tips could also be useful for so-called ÃƒÂ¢Ã â ¬Ã Å“normiesÃƒÂ¢Ã â ¬Ã Â•. Just some food for thought.Thank you for giving me opportunity to read your book.

While I don't have any family on the spectrum I do have a friend who cares for children on the spectrum. I thought in order to understand her and what she goes through I'd look into reading some books about Asperger's Syndrome. I was fortunate to receive this book for free in return for my honest review. All opinions are my own and no compensation was received. Now I it's something that many people have problably written, but this book is a must have for young "aspie" teens and adults. But those words couldn't be more true with this book. It's a handy guide for growing up and moving into the adult world when you are on the spectrum. It's simple and to the point that touches on many topics like living alone, dealing with finances, romance, and even having to deal with other mental illnesses. None of these subjects are easy even for young adults not on the spectrum. This book is a quick and easy guide that can be read over and over when needed. Although this book was mainly written for the young aspie, anyone who knows or works with aspie teens should have this book. It's a great reference book that will be relevant for years to come.

This was a little hard for me to read, mainly because it was more like reading a life manual. It was kind if a step by step guide to life. It was somewhat bland and lacking in something to make you want to read it. It had almost generic stories if other people to try to get you to relate to the sections, but it was just more like a workbook than a help book.I received this free in exchange for my review.

AspergerÃƒÂ¢Ã â ¬Ã â„¢s and adulthood is geared towards adult individuals with AS. The easy yet humorous style of author offers great advice with people suffering from AS who are entering in adulthood and are apprehensive. This book provides strategies to handle their concerns but also encourages them to adapt his advice to their comfort.The first chapter explains what is happening on the Spectrum. It presents some ideas about what to expect and ways you can start a successful

adult life. How to find a job that fits you; find what your talents are. Finding a home of your own and how to go about it. It even gives advice on social and romantic dealings for individuals with AS. How to meet people and socialize. There are many companies that hire people with spectrum disorder.The book ends with frequently asked questions and detailed answer to each one of them. It is a great book that provide help and guidance to people with AspergerÃƒÂ¢Ã â ¬Ã â„¢s Syndrome who are entering adulthood and feel lost.I received this book free for my honest review.

Download to continue reading...

Aspergers and Adulthood: A Guide to Working, Loving, and Living With Aspergers Syndrome Chronic Fatigue Syndrome And Your Emotions: How To Successfully Treat Chronic Fatigue Syndrome In The Natural Way-A Key For Recovery (Chronic Fatigue Syndrome, ... Syndrome Fibromyalgia, Lupus, Book 3) Preparing for Life: The Complete Guide for Transitioning to Adulthood for Those with Autism and Asperger's Syndrome An A-to-Z Pocket Guide to Living and Working in Saudi Arabia: Twenty-Six Things to Know about Living and Working in Saudi Arabia Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life The Young Person With Down Syndrome: Transition from Adolescence to Adulthood Living & Working in Holland, Belgium & Luxembourg: A Survival Handbook (Living and Working) Living and Working in Ireland: A Survival Handbook (Living & Working in Ireland) Irritable Bowel Syndrome: Cure Irritable Bowel Syndrome Naturally And Live Free From Irritable Bowel Syndrome For Life (Natural Health Healing And Cures) Loving Someone with PTSD: A Practical Guide to Understanding and Connecting with Your Partner after Trauma (The New Harbinger Loving Someone Series) Loving Someone with Anxiety: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) The Jesus Creed for Students: Loving God, Loving Others The Jesus Creed: Loving God, Loving Others Jesus Creed: Loving God, Loving Others The New Yoga for Healthy Aging: Living Longer, Living Stronger and Loving Every Day Guide My Feet: Prayers and Meditations on Loving and Working for Children Saipan LIving! The 2017 Relocation Guide: A comprehensive guide for moving to, finding a job, working, living, retiring or simply vacationing in the ... Mariana Islands of Saipan, Tinian and Rota. Becoming: A Spiritual Guide for Navigating Adulthood Living Life to the Fullest with Ehlers-Danlos Syndrome: Guide to Living a Better Quality of Life While Having EDS

Contact Us

DMCA

Privacy

FAQ & Help